

Riverside Trauma Center

Riverside Trauma Center, a service of Riverside Community Care, helps people recover from the overwhelming stress caused by traumatic events by providing community outreach, consultation, and counseling. Traumatic events include natural disasters, serious accidents, suicides, homicides, and terrorism. We also educate communities and organizations about suicide prevention, psychological trauma, and the emotional needs of returning veterans. Riverside Trauma Center serves communities, schools, health and human services providers, organizations, government agencies, workplaces, and individuals.

Over the years, we have achieved a well-earned national reputation for excellence. Our highly trained, licensed mental health professionals have expertise in managing acute trauma, sudden or violent death, traumatic grief, and other extremely stressful events.



About Riverside Community Care

Each year Riverside Community Care provides more than 40,000 adults, children, and adolescents with a broad range of behavioral healthcare and human services. We are an award-winning, non-profit organization offering mental healthcare, developmental and brain injury services, youth and early childhood programs, addiction treatment, trauma response, and more. We are here to make a difference in the lives of individuals, families, and communities by delivering compassionate, locally-based, integrated care.

Contact Us

For help after a traumatic event, call 888-851-2451, 24 hours a day, 7 days a week, and ask to speak to a Trauma Center Manager. For more information or to make an appointment, please call 781-433-0672, ext. 5738.

Riverside Trauma Center services are funded through the Massachusetts Department of Mental Health, the Massachusetts Department of Public Health, donations, and grants. All contributions are welcome and appreciated. Some services may require a fee.

Riverside Trauma Center®

A SERVICE OF RIVERSIDE COMMUNITY CARE

255 Highland Avenue, Needham, MA 02494
www.riversidetraumacenter.org

RIVERSIDE TRAUMA CENTER

Promoting Emotional Recovery
After Trauma and Loss



Riverside Community Care

THE HELP YOU NEED CLOSE TO HOME

www.riversidecc.org



Immediate Response to Traumatic Events

Reactions to traumatic events vary widely, but can include extreme fear, shock, helplessness, and physical symptoms. We offer support services and referrals after traumatic events and respond on-site by helping individuals identify healthy coping strategies. For some people, extreme stress following a trauma can be overwhelming and cause lasting psychological effects if left untreated. Examples of incidents at which we have provided emergency response and crisis management include:

- Schools where students have died by suicide, homicide, medical causes, or accidental causes
- Communities affected by tornadoes, floods, or other natural disasters
- Violence in a school, workplace, or community

Education & Trainings

We offer a variety of trainings for clinical professionals, educators, and a wide range of non-professionals. Our trainings, which can be tailored for any agency or group, include:

- Suicide Assessment and Intervention Training for Mental Health Professionals*



- Suicide Prevention: A Gatekeeper Training for School Personnel**
- Responding to Grief and Sudden Loss in Schools and Communities
- Psychological First Aid (following trauma)
- Understanding Trauma and Trauma-Informed Care
- Question, Persuade, Refer (a suicide prevention program for the general public)
- Effective Suicide Postvention
- Fostering Resilience

*Approved in 2015 by the SPRC Best Practices Registry for Suicide Prevention.

**Designed to meet the criteria of Massachusetts Law Chapter 284.

Trauma & Loss Counseling (TLC)

We offer private-pay counseling services to children, adults, and families who have experienced a traumatic event or sudden loss. Our counselors are specifically trained to support people through the overwhelming stress associated with trauma and grief. We have expertise in a variety of highly effective therapies to address the particular needs of each client.



Suicide Prevention & Postvention Services

We provide support, consultation, training, and screening to communities after a suicide death, and help communities proactively work towards prevention. Through funding from the Massachusetts Department of Public Health, we conduct trainings for schools, churches, first responders, and many others. We have worked with many school districts to provide postvention and screening to middle and high school students.

Riverside Trauma Center's Postvention Guidelines for schools and organizations were approved by the SPRC Best Practices Registry for Suicide Prevention. The guidelines detail planned interventions for organizations affected by a suicide death.

"Riverside Trauma Center was there when we needed them. After a critical incident in our community, they sent exceptional people right away who were responsive to a variety of anticipated and unanticipated needs in the school community."

**Peter Badalament, Former Principal
Concord-Carlisle High School**