



## a single place. a world of care.





ach member of the Patient and Family Advisory Council has been touched by cancer. Some of us have survived cancer, some are receiving treatment today, and others have helped their loved ones fight this disease. As Council volunteers, we provide feedback to the Massachusetts General Hospital Cancer Center's leadership to help make your care and experience the best it can be.

Since this Cancer Center is part of the largest cancer research program in the country, it offers you the very latest and finest in cancer treatment. You will receive individualized care from a team of specialists who bring you state-of-the-art treatment and technology in addition to a wide array of support services.

There are many things you can do to help yourself. This guide is a good first step. We invite you to learn more about your care and the wide range of resources the Cancer Center offers to assist you and your family. We believe that learning about your cancer and ways to manage symptoms and stress may help you feel less overwhelmed.

Based on our experience here, we believe this is a great place to receive cancer care.

We wish you we



From the Cancer Center's Patient and Family Advisory Council



# A single place. A world of care.

Thank you for choosing the Massachusetts General Hospital Cancer Center. Here you will receive the best possible care from a team of compassionate professionals who specialize in your type of cancer.

We understand that cancer can affect your spirit as well as your body, and that it can also affect your family and friends. That is why, in addition to treating your disease, we offer support, education and wellness services to you and the people you love. This guide provides an overview of what is available to you and your family throughout the Cancer Center.

If you have questions or concerns about any aspect of your care at any time, please talk to one of your team members. We are here to answer your questions and help you with any concerns you may have.



Your team

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## Ask questions.

Information about your cancer treatment can help you and your family overcome fears.



"This is the first place in my travels where I was provided with answers and with hope. I was not another number, but rather an individual with individual needs."

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Rob

# Your team

Your multidisciplinary care team will include doctors, nurses and social workers as well as other specialized health care professionals. Other staff members available to you include dietitians, chaplains, psychiatrists and pharmacists. Massachusetts General Hospital is also a teaching hospital where medical trainees (residents and fellows) work closely with the attending doctors in caring for patients.

Members of your team will develop a treatment plan that is specifically tailored to your disease and that is in keeping with your wishes and values. They will continue to talk to each other and with you on a regular basis throughout your care.

You and your family are an important part of your team. We encourage you to talk with members of your team, ask questions and be involved in making decisions about your care.

> "They gave us hope, they made my mother smile, and they gave her strength to fight this disease." Susan

All the people on your team will be your partners in your care.

## Medical interpreters

If you are Deaf, Hard-of-Hearing or if you have difficulty speaking or understanding English, medical interpreters will be provided for you at no cost. Call (617) 726-6966, TTY (617) 726-0354 or VP (866) 563-8843. You may also email mghinterpreters@partners.org.



You will receive care from a team of cancer

professionals who specialize

in treating your type of cancer.

## These guidelines can help us work together to provide you with the best possible care:

Your role	Our role
<b>Follow the treatment</b> <b>plan</b> recommended by the health care provider primarily responsible for your care.	Keep you informed about how treatment is working.
Ask questions about any aspect of your treatment or illness that you don't understand.	<b>Encourage you and</b> <b>your loved ones to</b> <b>ask questions.</b> We will give clear and complete explanations that you understand.
<ul> <li>Communicate honestly and openly with your care team about all topics, including:</li> <li>Your health history and current symptoms</li> <li>Prescription and over- the-counter medications you are taking</li> <li>Complementary treatments like massage and acupuncture that you are receiving</li> <li>Changes in your condition, including side effects</li> <li>How you are coping emotionally with cancer</li> </ul>	Ask for updated information on how you are feeling, including your symptoms, side effects and how you are coping emotionally. Direct you to resources at the Cancer Center that can help you.
Talk about whatever is on your mind, including your personal wishes and beliefs.	<b>Treat you with care</b> <b>and dignity,</b> including respecting your personal wishes and beliefs.
Ask about the many Cancer Center support services and educational resources. Use them. They are there to help you.	<b>Provide information</b> <b>about educational</b> <b>resources and support</b> <b>services</b> that are available to you and your family and friends.
Be willing to talk about difficult topics, including medical choices that you might face in the future. Complete your advance care planning, such as a health care proxy or living will.	Talk about difficult topics, including choices you may need to make in the future.

## What cancer care involves

Recommendations will be based on extensive information about what works best for your particular cancer type. A member of your team will explain your treatments to you in detail.

- Radiology tests (MRIs, CT scans, X-rays, PET scans, etc.) are an important part of cancer care. They help with diagnosis and can give valuable information about your treatment. Radiology tests are done in a number of areas in the hospital, including the Yawkey Center for Outpatient Care. Many of these tests are also available at locations which may be closer to your home. Radiology locations are listed on the insert in the back of this guide.
- Laboratory tests are done on a regular basis for most patients. Results of your lab tests provide information that may affect your treatment plan. It is important to follow the instructions your team gives you about the tests you need and when these tests need to take place.

For example, you will usually have your blood drawn at least one hour before your chemotherapy appointment. Your doctor or nurse may adjust your treatment for that day based on the test results.

• **Chemotherapy** is drug (medicine) treatment that kills rapidly dividing cells like cancer cells. It may be given as a pill, injection or through an infusion into a vein (IV). Intravenous chemotherapy drugs are prepared on-site by specially trained pharmacists and are given by skilled nurses. If you need IV chemotherapy, you will receive it in our Infusion Unit as an outpatient or as a patient in the hospital. Depending on what type and stage of cancer you have, your care team will recommend surgery, chemotherapy, radiation or some combination of these treatments.

• **Radiation therapy** uses high-energy X-rays or particles to kill cancer cells. The radiation source may come from outside the body from beams aimed at the cancer or from a source implanted inside the body.

The Cancer Center provides resources found in few other hospitals, including the only proton therapy center in the Northeast, the Francis H. Burr Proton Therapy Center. Proton therapy is specialized radiation therapy that is effective in treating some cancers.

• **Surgery** is used in many ways, including diagnosing cancer, determining the stage of the cancer, removing the primary tumor, and relieving symptoms.

- **Inpatient cancer care** is delivered on many different inpatient floors at Massachusetts General Hospital. If you are admitted to the hospital, your cancer doctor will continue to direct your treatment plan by working with your inpatient care team. Your primary nurse will coordinate your nursing care and will communicate regularly with your doctor and care team.
- Clinical trials for cancer treatment are research studies that try to find better ways to treat cancer. Clinical trials often compare the current standard treatment with new approaches to find even safer, more effective treatments. Today all new treatments start as clinical trials. Many patients participate in the trials even during the earliest stages of cancer. The Cancer Center has an extensive clinical trial program. Ask your doctor for more information.



Nurses provide reliable information on managing side effects and symptoms.



## Advanced therapies

Massachusetts General Hospital Cancer Center is part of the largest cancer research effort in the United States. Many of our patients, including those with the earliest stages of disease, choose to participate in clinical trials.

> Our doctors are leaders in the care and treatment of patients with any form of cancer.

> > "We now have a much clearer understanding of my cancer and are confident we have picked the right doctors." Frank and Janet

massgeneral.org/cancer

# Prepare for your visits

- Bring your medical information, including any images (such as X-rays, MRIs or CT scans) or test results that have been requested and the name and telephone number of all referring doctors. Also bring a list of all prescription and over-the-counter medications you take, as well as a list of any complementary/integrative therapies such as herbs, vitamins, acupuncture or massage that you are using. Please let us know if you have any allergies or reactions to medications.
- Familiarize yourself with your insurance coverage and limits and bring your insurance cards and referrals to your visits. Depending on your treatment, you may need additional authorizations or referrals during the course of your care. Our financial counselors are available at (617) 726-2192 to help you understand your insurance coverage.
- **Update your registration information**, including any changes to your address, telephone number or insurance coverage. You can do this by calling Patient Registration toll free at (866) 211-6588.
- **Carry your Blue Card** (hospital identification card) with you to your appointments.
- Have a written list of questions ready. Bringing a notebook and pen, a tape recorder or a friend or family member can help you remember the answers to your questions and other information from your clinic visit.

Make the most of your visits by following these helpful guidelines.

- Ask for one of our patient calendars or bring your own date book to record your treatment schedule and appointments.
- **Do your best to arrive on time.** If you know you are going to be late or miss an appointment, please call us.
- **Bring a book, magazine or knitting** to pass time between treatments or while waiting for your appointment.

We try our best to accommodate your preferences for appointment times and to see patients at their scheduled time. However, sometimes delays happen or we can't schedule your appointment at your preferred time. We apologize for any inconvenience.

### Ask questions

Each person's cancer journey is unique. We understand that you have questions and concerns. Remember that every question is a valuable one and deserves an answer you can understand. The list below has some examples of questions you might want to ask.

What type of cancer do I have?

What is the extent (or stage) of my cancer?

What are my treatment choices?

Should I get a second opinion?

Are clinical trials an option for me?

What are the side effects of my treatment?

How can I learn more about my diagnosis, my treatment and how to cope?

Will I experience pain?

How can I deal with my fear and anxiety?

What do I say to my children, significant other, family and friends?

What if I have financial or insurance concerns?

How do I learn about integrative/ complementary therapies?

Can I talk with someone who has been through this before?

What happens when my treatment ends?



Talk to your team about any questions or concerns you have.

## Advance care planning

It is important to give written directions about your health care choices for the future so that your loved ones and care team know your wishes if you become unable to speak for yourself because of illness or injury. Health Care Proxy forms are available in the Blum Cancer Resource Room on the 8<sup>th</sup> floor of Yawkey Center.

> "My family and I were always given as much time as we needed to have all our questions answered."

> > Sam

# Know your way around

- Visit our information desks if you need directions. They are located on the 1<sup>st</sup> floor of most buildings where patients are treated. Volunteers can help you find locations on campus, including your doctor's office, test locations or the cafeteria.
- **Refer to the map at the back of this brochure** or visit massgeneral.org/map/ directions.html to find the location of the buildings where you receive care.
- Find out about parking options, which include garages beneath the Yawkey Center, on Fruit Street and on Parkman Street. Valet parking is available at a cost in front of the Cox Building, Yawkey Center and the Wang Ambulatory Care Center. For garage locations, look at the parking map at the back of this guide or look online at massgeneral.org/map/ directions.html.
- Use the free shuttle to get around the Massachusetts General Hospital campus, including the Cox Building, Jackson Building and the Yawkey Center. Shuttle schedules and locations are available at the information desk in the main hospital lobby and the Yawkey Center lobby.
- Enjoy some relaxation in the Howard Ulfelder, MD, Healing Garden or the Blum Cancer Resource Room before, after or between appointments. Both are located on the 8<sup>th</sup> floor of the Yawkey Center. The Blum Cancer Resource Room has puzzles and other activities to enjoy such as Afternoon Tea Time. If you are looking for a quiet place to be alone with your thoughts, try the chapel on the 1<sup>st</sup> floor of the Ellison Building.
- Visit the General Stores for snacks, gifts, postage stamps, books and tapes that you and your family and friends might find helpful. Stores are located in the Yawkey Center lobby and on the 1<sup>st</sup> floor of the Blake Building.

Cancer care is provided throughout the Massachusetts General Hospital campus. It is likely that you will have appointments and tests in more than one of our buildings. You will find many helpful people who are willing to answer your questions.

- Find your favorite place to eat. Options include:
  - **Coffee South** (Yawkey Center, 1<sup>st</sup> floor lobby, open weekdays from 6:30 am to 5:30 pm) serves beverages and baked goods.

**Riverside Café** (Yawkey Center, 1<sup>st</sup> floor lobby, open weekdays from 7:30 am to 4:30 pm) serves light meals. **Blossom Street Café** (1<sup>st</sup> floor between the Cox Building and The General Store, open weekdays from 7:30 am to 3 pm) serves light meals with a focus on good choices for cancer patients.

**Coffee Central** (Main corridor, open 24 hours a day, 7 days a week) serves beverages and baked goods.

- **Eat Street Cafeteria** (White Building, ground floor, open weekdays from 6:30 am to 8 pm and weekends and holidays from 7 am to 7 pm) is a full food court.
- **Tea Leaves and Coffee Beans** (Wang Building, lobby, open weekdays from 7:30 am to 3:30 pm) offers breakfast pastries and light lunches.
- Locate ATM machines on the 1<sup>st</sup> floor of the Cox Building, in the Main Corridor and on the 1<sup>st</sup> floor of the Yawkey Center.

Many Cancer Center services are offered in the

services are offered in the Yawkey Center

for Outpatient Care.





Howard Ulfelder, MD, Healing Garden

## Free shuttle service

Your care at the Cancer Center may take place in more than one building. A free shuttle service travels between buildings. If you need directions, a wheelchair or any assistance traveling between buildings, please ask our staff.

> "During a time when we were coping with the irrational emotions of this disease, you helped return our world to order with humanity and compassion."

#### George

# Support and information

#### Maxwell V. Blum Cancer Resource Room

Yawkey Center, 8<sup>th</sup> floor (617) 724-1822 or toll free at (866) 724-6737

*fax (617) 726-7581* massgeneral.org/cancer/crr

The caring staff of the Blum Cancer Resource Room can connect you to all of the Cancer Center resources. Drop in to a comfortable place where there is reliable, current information on cancer types, treatments and topics such as managing side effects and tips on nutrition. Browse the lending library or let the staff help you find reliable web information or journal articles. You can also relax with a puzzle or check your email. If you call to request information about a certain topic, we will mail it to your home or fax it to you. Requested materials can also be delivered to inpatient floors and the Cox Building.

#### **The HOPES Program**

(617) 72-HOPES (617-724-6737) or toll free at (866) 724-6737

massgeneral.org/cancer/hopes The HOPES Program offers free wellness services and education and support workshops for patients with cancer, their families and their friends. The program can help you feel better throughout your cancer experience. Most of these small sessions are drop-in so you do not need to sign up ahead of time. HOPES Calendars listing the workshops and services are available in the Cancer Center and online. Choose from:

- Information sessions on topics like chemotherapy, radiation therapy, clinical trials, blood counts, nutrition, fatigue and advance care planning.
- Support workshops on topics such as talking to your children about cancer, finding faith and hope, and moving forward after cancer treatment.
- Wellness services including acupuncture, relaxation massage, art therapy, music therapy, yoga and qigong.
- Full-body acupuncture and therapeutic massage (fee-based services for Cancer Center patients).

We offer a variety of education and support resources to help you throughout your cancer experience.

#### The Marjorie E. Korff Parenting At a Challenging Time (PACT) Program (617) 724-7272

#### mghpact.org

This program provides individual support for cancer patients who have children in their lives. Working hand-in-hand with parents, PACT's child psychiatrists and child psychologists offer age-specific guidance for helping children cope with a parent's cancer.

## **The Network for Patients and Families** (617) 724-1822

A peer support program that matches patients and family members with volunteers who are experienced in living with a similar type of cancer.

#### **Support Groups**

(617) 724-1822

mghsocialwork.org Groups led by oncology social workers provide patients, their family members and their friends the chance to share information, gain support and learn how others cope with cancer.



"The Cancer Center's resources certainly helped my attitude and health during radiation." Julie

Talk to members of your team about your feelings and concerns. They can direct you to

Cancer Center

**resources** that can help.



Enjoy free services like **qigong** provided by the HOPES Program.

## Financial counseling

Financial counselors can help you understand your insurance coverage and billing and can work with you if you are uninsured or concerned about your ability to pay for medical care. If necessary, an oncology care coordinator can help you find state and community resources to cover home care needs, including any medications.



massgeneral.org/cancer

## Other Cancer Center resources

## Physical concerns

#### Cancer Pain Center (617) 724-4000

As part of the Massachusetts General Hospital Pain Center, this service helps you manage all types of cancer pain.

#### Cancer-Related Fatigue Clinic (617) 724-4800

This clinic provides evaluations and treatment, both medical and non-medical, for adults with cancer who experience fatigue – a tired feeling that will not go away or a total lack of energy.

#### Fertility Concerns (888) 221-4IVF

massgeneral.org/fertility

Experienced specialists are available to provide consultation and treatment for those facing issues with fertility.

#### **Images Boutique** (617) 726-3211

#### massgeneral.org/visitor/salon.htm

This oncology boutique has wigs, hats, breast prostheses, mastectomy products and lymphedema sleeves. Men and women can learn more about skin care and managing hair loss. The boutique is located in the Yawkey Center on the 9<sup>th</sup> floor.

#### Nutrition (617) 724-4000

The oncology dietitians specialize in one-on-one counseling for patients wanting to boost their immune systems, promote healing, control their weight or manage side effects from cancer treatment therapies.

#### **Palliative Care Team** (617) 724-4000

massgeneral.org/palliativecare

This team understands the physical, psychosocial, spiritual and emotional aspects of illness as it enters its more serious stages. The goal is to provide patients with the best possible quality of life and best daily functioning.

#### Pharmacy (617) 724-3100

The outpatient pharmacy is located on the 1<sup>st</sup> floor of the Wang Building. You will need to bring your hospital Blue Card and insurance card to fill a prescription.

#### **Physical Therapy** (617) 726-2961

Physical and occupational therapists can help you with exercise and conditioning, and also help manage fatigue and lymphedema (swelling) that may develop from cancer treatments. The therapists are located at Massachusetts General Hospital sites in Boston, Charlestown, Chelsea, Revere and Waltham.

## Emotional concerns

#### Chaplaincy (617) 726-2220

Support is available to persons of all faiths and to those with no religious affiliation.

#### Psychiatry (617) 724-4800

Psychiatrists provide treatment for anxiety, depression or coping with persistent physical symptoms or emotional challenges surrounding cancer treatment.

#### **Social Work** (617) 724-1822 mghsocialwork.org

Oncology social workers are licensed mental health professionals who provide support for issues that affect you and your family during cancer diagnosis, treatment and recovery. They can also help you connect with various hospital and community resources.

### Communication resources

#### International Patient Center (617) 726-2787 massgeneral.org/international.html The International Patient Center facilitates the care of all international patients seeking treatment at the Cancer Center. It is located on the 1st floor of the Blake Building.

#### Medical Interpreters (617) 726-6966, TTY (617) 726-0354, VP (866) 563-8843 massgeneral.org/interpreters

Non-English, limited English proficient, Deaf and Hard-of-Hearing patients and family members have the right to free medical interpretation services or auxiliary aids and services. Your doctor's office can schedule an interpreter or the aids and services you need, or you can contact the interpreters directly.

## Other support services

#### Cancer Risk Assessment (617) 724-1971

Cancer Risk Assessment genetic counselors can discuss the hereditary risk of cancer with you and can help in making decisions about genetic testing.

#### Financial Counseling (617) 726-2192

Financial counselors can answer any questions about billing and insurance coverage and can help you apply for government assistance if you are having difficulty with medical costs.

#### Oncology Care Coordinator (617) 724-2277

The Oncology Care Coordinator has information about medication coverage, including ways to buy expensive medicines that you may need to take at home after leaving the hospital. The Coordinator can also help you find state and community resources for home care needs.

Transportation and Temporary Lodging (617) 726-7664 Transportation and temporary lodging information is available to patients and family members.

"Their compassionate caring sustained me and my family throughout months of treatment." Maria

# Contact information

Massachusetts General Hospital information Cancer Center general information toll free

(617) 726-2000 (877) 726-5130

#### Members of my care team:

Name	Phone number

A single place. A world of care.

An integral part of one of the world's most distinguished medical centers, the Massachusetts General Hospital Cancer Center is chosen by more patients with cancer than any other hospital in New England. Its commitment to eradicating cancer is fueled by scientific investigation conducted as part of the largest hospital-based research program in the United States.

Known for providing individualized, compassionate care to both adults and children, the Cancer Center comprises 18 fully integrated, multidisciplinary clinical programs and a vast network of support and educational services.

The Cancer Center is consistently ranked as one of the best in the country by U.S. News & World Report, and its nurses were the first in the state to achieve Magnet status in recognition of the hospital's exceptional nursing care.

Through a powerful synergy between scientists in the laboratories and physicians at the bedside, the Cancer Center fosters innovation in basic, translational and clinical research.

It is a founding member of the DF/HCC, a Harvard Medical School consortium designated by the National Cancer Institute as a comprehensive cancer center. This prestigious seven-member center forms the largest cancer research collaboration in the country. Massachusetts General Hospital Cancer Center and Dana-Farber/Brigham & Women's Cancer Center collaborate on joint clinical trials, education, training programs and quality of care improvements.

## Ways to give

If you are looking for a way to help those with cancer, please consider: Becoming a volunteer -(617) 726-8540 Donating blood - (617) 726-3620 Making a tax-deductible contribution - (617) 726-2200



## Massachusetts General Hospital Cancer Center

#### **Clinical Centers**

Avon Foundation Comprehensive Breast Evaluation Center Bone Marrow Transplant Program Center for Cancer Risk Assessment Center for Sarcoma and Connective Tissue Oncology Center for Head and Neck Cancers Center for Hematology Center for Leukemia Center for Lymphoma Center for Melanoma Center for Multiple Myeloma **Center for Thoracic Cancers** The Claire and John Bertucci Center for Genitourinary Cancers **Center for Endocrine Cancers** Gillette Center for Breast Cancer Gillette Center for Gynecologic Oncology MassGeneral Hospital for Children Cancer Center Stephen E. and Catherine Pappas Center for Neuro-Oncology Tucker Gosnell Center for Gastrointestinal Cancers

#### Massachusetts General Hospital Cancer Center Administration

Daniel A. Haber, MD, PhD Director, Cancer Center

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Jackie Somerville, RN Associate Chief Nurse, Cancer Center

> Ken Tanabe, MD Chief, Surgical Oncology

Howard J. Weinstein, MD Chief, Pediatric Hematology-Oncology MassGeneral Hospital for Children

**Cover Image:** These Cancer Survivor Spirit Flags carry messages of hope and healing. Created by cancer patients, their families and staff members, the spirit flags are modeled after traditional Tibetan prayer flags. The belief is that the flags carry the written wishes and blessings into the air, making them a permanent part of the universe.



Massachusetts General Hospital Cancer Center 55 Fruit Street Boston, MA 02114 (877) 726-5130 TTY (617) 726-0354 massgeneral.org/cancer

July 2008

## Cancer Center resources

Resource	Phone	Website
Cancer Pain Center	(617) 724-4000	
Cancer-Related Fatigue Clinic	(617) 724-4800	
Cancer Resource Room	(617) 724-1822 (866) 724-6737 toll free	massgeneral.org/cancer/crr
Cancer Risk Assessment	(617) 724-1971	
Chaplaincy	(617) 726-2220	
Fertility	(888) 221-4IVF toll free	massgeneral.org/fertility
Financial Counseling	(617) 726-2192	
HOPES Program	(617) 724-6737 (866) 724-6737 toll free	massgeneral.org/cancer/hopes
Images Boutique	(617) 726-3211	massgeneral.org/visitor/salon.htm
International Patient Center	(617) 726-2787	massgeneral.org/international.html
Medical Interpreters	(617) 726-6966	massgeneral.org/interpreters
	TTY (617) 726-0354	
	VP (866) 563-8843	
Network for Patients and Families	(617) 724-1822	
Nutrition	(617) 724-4000	
Oncology Care Coordinator	(617) 724-2277	
Palliative Care	(617) 724-4000	massgeneral.org/palliativecare
Parenting At a Challenging Time	(617) 724-7272	mghpact.org
Pharmacy	(617) 724-3100	
Physical Therapy	(617) 726-2961	
Psychiatry	(617) 724-4800	
Social Work	(617) 724-1822	mghsocialwork.org
Support Groups	(617) 724-1822	
Transportation and Temporary Lodging	(617) 726-7664	



## Locations for radiology tests

#### In Boston

Mass General Imaging – Main Campus (617) 724-XRAY (9729) Available at this location: CT/CAT scan, mammography, MRI, nuclear cardiology, nuclear medicine (bone scan), PET scan, PETCT and ultrasound Open weekdays. Mammograms and MRIs available on weekends. Evening MRI appointments available.

Mass General Imaging – Yawkey Center for Outpatient Care (617) 724-XRAY (9729) Available at this location: CT/CAT scan, MRI, nuclear cardiology and ultrasound Open weekdays.

#### In Charlestown

Mass General Imaging – Charlestown (617) 726-5701 or (617) 724-9729 Charlestown Navy Yard, Building 149, 13th Street Charlestown, MA 02129 Available at this location: MRI Open weekdays and evenings.

#### In Chelsea

Mass General Imaging – Chelsea (617) 887-3500 80 Everett Avenue Chelsea, MA 02150 Available at this location: CT/CAT scan, MRI and PETCT Open weekdays and weekends. Evening MRI and CT appointments available.

#### In Revere

MGH Revere HealthCare Center (781) 485-6192 300 Ocean Avenue Revere, MA 02151 Available at this location: Screening mammography and X-ray Open weekdays. Evening X-ray appointments available.

#### In Waltham

Mass General West Imaging – Waltham Radiology Reception: (781) 890-2627 MRI/CT Scheduling: (800) 697-8296 or (781) 895-1199 Mammography/bone densitometry: (781) 290-5241 40 Second Avenue, PARC Building Waltham, MA 02451 Available at this location: Bone densitometry, CT/CAT scan, screening mammography, MRI, nuclear medicine, X-ray and ultrasound Open weekdays. CT/CAT and MRI open weekends. Evening MRI and CT appointments available.

## Massachusetts General Hospital parking

**Yawkey Center for Outpatient Care:** Underground parking is available. If you use underground parking, you will need your ticket to pay at the parking office in the Yawkey Center lobby. Valet parking is available at an additional cost.

**Cox Building:** Valet parking is available at a cost for patients who have frequent visits for radiation treatment. This program is limited to a small number of parking spaces. Please talk with the staff at the information desk on the 1<sup>st</sup> floor of the Cox Building for more details.

**Fruit Street and Parkman Street Garages:** Parking is available at the front of the hospital. Take your ticket with you to pay in the parking office on the ground level of each parking garage.

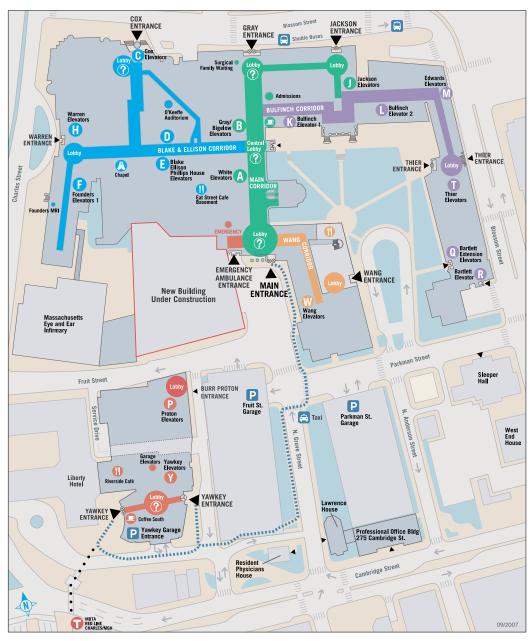
Wang Ambulatory Care Center: Offers valet parking at the main entrance of the building at an added cost.

The shuttle service makes frequent stops around the main Massachusetts General Hospital campus, including the Cox Building, Jackson Building and Yawkey Center. Shuttle details are available at the information desk in the main lobby and the Yawkey Center lobby.

For more information, please call the Massachusetts General Hospital Parking Office at (617) 726-8886 or the Commuter Services Office at (617) 724-6588. Information is available on all forms of transportation to the hospital, including trains, taxis, vanpools, buses, transit, etc.



### Hospital map



#### **GROUND FLOOR MAP / MAPA DE LA PLANTA BAJA**

#### **BUILDINGS & ELEVATORS** EDIFICIOS Y ACENSORES

Bartlett, Bartlett Extension
Bigelow
Blake & Ellison
Bulfinch
Burr Proton Center
Cox
Edward Research
Ellison & Blake
Founders House
Jackson
Phillips House
Thier
Wang Ambulatory Care Center
Warren
White
Yawkey Center for Outpatient Care

#### SERVICES SERVICIOS

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SERVILIUS	
Chapel / Prayer Room Blake & Ellison corridor	
 Entrances <sup>Entrada</sup>	•
 Information Desk	?
Parking / Main Garages Estacionamiento Principales	Ρ
Shuttle Buses Autobuses del Circuito MGH	
Food Services <sup>Cafetería</sup>	
Outdoor Path to/from Yawkey Paseo Peatonal al Aire Libre	

#### ADDITIONAL SERVICES SERVICIOS

Bicycle Parking Parkman St. Garage entrance Cash Machine / ATM Main corridor, Cox and Yawkey lobbies Chapel / Prayer Room Blake & Ellison corrido Hair & Skin Center Cox lobby Images Boutique Yawkey, 9th floor Gift & Flower Shop Blake corridor, Yawkey lobby Parking Cashier Garage entrances, Yawkey lobby Valet Parking Wang, Yawkey, Cox lobbies

## Directions to Massachusetts General Hospital Cancer Center 55 Fruit Street, Boston, MA 02114

#### **FROM THE NORTH**

#### Via I-93 and the Leverett Connector

Take I-93 South to exit 26 (Storrow Drive/Cambridge). Stay in left lane and follow signs for Storrow Drive. Take Storrow Drive west to Government Center exit (on left). At end of ramp, at the flashing light yield to oncoming traffic and then cross over the road and make a left to take Cambridge Street. Stay on Cambridge to the next light. At light take left onto North Grove. You will see the main entrance of the hospital and the emergency room at the end of the street. To get to the Yawkey Center and Yawkey garage, take left onto Fruit Street. The driveway leading to the Yawkey Center entrance and garage will be on your left. Follow signs to the ramp entrance for the Yawkey garage. There is also valet parking service.

#### **FROM THE SOUTH**

#### Via I-93 and Storrow Drive

Take I-93 North to exit 26 (Storrow Drive). Stay in right lane and follow directions to Storrow Drive. Take Storrow Drive west to Government Center exit (on left). At end of ramp, at the flashing light yield to oncoming traffic, then cross over the road and make a left to take Cambridge Street. Stay on Cambridge to the next light. At light take a left onto North Grove. You will see the main entrance of the hospital and the emergency room at the end of the street. To get to the Yawkey Center and Yawkey garage, take left onto Fruit Street. The driveway leading to the Yawkey Center entrance and garage will be on your left. Follow signs to the ramp entrance for the Yawkey garage. There is also valet parking service.

#### FROM THE WEST

### Via the Massachusetts Turnpike (I-90) and Storrow Drive

Take I-90 East to exit 18 (Brighton/Cambridge). Follow signs for Cambridge and Somerville, and turn right onto Storrow Drive east. Follow Storrow Drive to Government Center exit. Follow signs that say Downtown/Government Center and get onto Cambridge Street. Stay on Cambridge Street to the next light. At this light take a left onto North Grove. You will see the main entrance of the hospital and the emergency room at the end of the street. To get to the Yawkey Center and Yawkey garage, take left onto Fruit Street. The driveway leading to the Yawkey Center entrance and garage will be on your left. Follow signs to the ramp entrance for the Yawkey garage. There is also valet parking service.

#### Via the Massachusetts Turnpike (I-90) and I-93

Take the Turnpike I-90 East to exit 24-B (I-93 North). Take I-93 North to exit 26 (Storrow Drive). Stay in right lane and follow directions to Storrow Drive. Take Storrow Drive west to Government Center exit (on left). At end of ramp, at the flashing light yield to oncoming traffic, then cross over the road and make a left to take Cambridge Street. Stay on Cambridge to the next light. At the light take a left onto North Grove. You will see the main entrance of the hospital and the emergency room at the end of the street. To get to the Yawkey Center and Yawkey garage, take left onto Fruit Street. The driveway leading to the Yawkey Center entrance and garage will be on your left. Follow signs to the ramp entrance for the Yawkey garage. There is also valet parking service.

#### Via Storrow Drive

Take Storrow Drive to the Government Center exit. Follow signs that say Downtown/Government Center and get onto Cambridge Street. Stay on Cambridge Street to the next light. At this light take a left onto North Grove. You will see the main entrance of the hospital and the emergency room at the end of the street. To get to the Yawkey Center and Yawkey garage, take left onto Fruit Street. The driveway leading to the Yawkey Center entrance and garage will be on your left. Follow signs to the ramp entrance for the Yawkey garage. There is also valet parking service.

#### FROM THE EAST

#### Via I-90 and the Ted Williams Tunnel

Take I-90 West through Ted Williams Tunnel and continue to exit 24 (I-93 North). Take I-93 North to exit 26 (Storrow Drive). Stay in right lane and follow signs to Storrow Drive. Take Storrow Drive west to Government Center exit (on left). At end of ramp, at the flashing light yield to oncoming traffic, then cross over the road and make a left to take Cambridge Street. Stay on Cambridge to the next light. At the light take a left onto North Grove. You will see the main entrance of the hospital and the emergency room at the end of the street. To get to the Yawkey Center and Yawkey garage, take left onto Fruit Street. The driveway leading to the Yawkey Center entrance and garage will be on your left. Follow signs to the ramp entrance for the Yawkey garage. There is also valet parking service.

#### Via Route 1A and the Sumner Tunnel

Take Route 1A South through Sumner Tunnel. Stay in right lane and follow signs to Storrow Drive. Take (continued on back) Storrow Drive west to exit for Government Center (on left). At end of ramp, at the flashing light yield to oncoming traffic, then cross over the road and make a left to take Cambridge Street. Stay on Cambridge to the next light. At the light take a left onto North Grove. You will see the main entrance of the hospital and the emergency room at the end of the street. To get to the Yawkey Center and Yawkey garage, take left onto Fruit Street. The driveway leading to the Yawkey Center entrance and garage will be on your left. Follow signs to the ramp entrance for the Yawkey garage. There is also valet parking service.

For the latest traffic and road changes, please call (617) 724-1666.

#### VIA SUBWAY ("T" or MBTA)

#### Charles Street/MGH Station

The Charles Street/MGH station on the Red line is the closest T-stop. The hospital is across the street from the station. Follow signs to MGH.

## Driving map

